

Invitations to Create. Week 1. Shape and Colour.

Inspired by 'Forty Winks' by Fred Hall

You will need to be able to see the image in order to make your art.

1. Find a piece of card for the base of your picture, I used a cereal box. Collect your collage materials. These can be from your recycling, any bits of wrapping paper, sweet wrappers, old magazines or the insides of envelopes. You will need 3 piles – blues, greens and yellows. Ignore the donkey for now.
2. Lay some string, thread or ribbon loosely across your card to separate the 3 main colour bands you can see in the picture. You may find it helpful to stick these down or draw the lines with a pencil and then remove the thread.
3. Using your piles of coloured paper, cut or tear your paper and lay the pieces in position. Move them around till you are happy with how your picture looks. Different sizes work well and tearing creates an interesting line. It's okay to leave some gaps. You have now created an abstract version of 'Forty Winks' and it will probably look quite different to the original.
4. Now that your background is in place you can have some fun looking through old magazines, birthday cards or anything else to find an image or some text to use in place of the donkey. I have used a picture of Florence Nightingale and a flood warning sign.
5. Stick everything down or if you don't have any glue, take a photo. Cut a window in a piece of card or paper to make a frame for your picture, it really finishes it off.
6. You can give your artwork a title if you like and now pop it in your window as the 1st piece in your windowsill gallery. Please send a photo to zburkett@penleehouse.org.uk to be included in our online gallery.
7. To help you create your artwork 'How To' videos will be posted each week on www.opentheboxarts.com
Have Fun.
Melanie and Caroline, Open The Box Arts.



Fred Hall (1860-1948), *Forty Winks*, 1892, The George Bednar Donation, Penlee House Gallery & Museum, Penzance
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